Autumn / Winter 2024/2025 - Week

Dates: 11th Nov 2nd Dec

Available Daily: Pick & Mix Select





	WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ī		Tomato, Baked Bean	Red Tractor Pork Sausage Roll with Skin	Roast Chicken with Gravy, Stuffing	Red Tractor Beef Pasta Bolognese	MSC Fish Fingers
	Main Meal Option 1	& Spiral Pasta Bake	on Baked Potato Wedges	& Roast Potatoes	& Garlic Bread	& 21 :
					4	Chips
	Vegetarian Option 2	Cheese & Tomato Pizza	Cheese & Onion Pastry Roll with Skin on	Quorn Grill with Gravy, Stuffing &	Plant-based Pasta Bolognese with	Crispy Vegetable Fingers & Chips
4		with Tomato Pasta Salad	Baked Wedges	Roast Potatoes	Garlic Bread	
				*		
		Broccoli/Cauliflower & Carrots,	Red Tractor British Peas, Baked Beans	Broccoli/Cauliflower & Carrots	Broccoli, Carrots & Cauliflower	Baked Beans
	Vegetables	Sweetcorn			Sweetcorn	British Red Tractor Garden Peas
	regetables					
	Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
4	Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna	Jacket Potato with Cheesy Beans, Tuna	Jacket Potato with Cheesy Beans,	Jacket Potato with Cheesy	Jacket Potato with Cheesy Beans,
		Mayonnaise or Cheese or Beans	Mayonnaise or Cheese or Beans	Tuna Mayonnaise or Cheese or Beans	Beans, Tuna Mayonnaise or	Tuna Mayonnaise, or Cheese or
					Cheese or Beans	Beans
		Chocolate Mousse and Orange Smiles	Homemade Jam Buns	'Hidden Fruit 'Chocolate, (Beetroot &	Fruity Strawberry Jelly &	Vanilla & Cherry Cookie Cup &
	Barrant	*	& Custard	Pear) Brownie	Mandarin Segments	Custard
	Dessert	(50x)				\nearrow
						50%

Portion(s) of fruit or veg













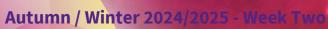




Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.





Dates: 28th Oct 18th Nov





P	vailable Daily: Pick & Mix	Selection, Fresh Bread, Fit	ish Fruit & Yoghurt			
	WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cheese & Tomato Pizza with	Red Tractor Pork Sausage with	Roast Chicken with Gravy,	Garlic & Tomato Chicken Pasta	MSC Fish Fingers
	Main Meal Option 1	Tomato Pasta Salad	Skin on Potato Wedges	Yorkshire Pudding	Spirals	&
			½ portion & Gravy	& Roast Potatoes	4	Chips
		Potato, Spinach & Cheese	Plant Based Sausage with Skin	Quorn Grill with Gravy, Yorkshire	Garlic & Tomato Vegetable Pasta	Crispy Vegetable Fingers & Chips
		Toasted Wrap	on Potato Wedges	Pudding & Roast Potatoes	Spirals	
	Vegetarian Option 2	with Tomato Salsa	1/2 portion & Gravy			
			,	5	5	
		•	ॐ	1	1	
		Baked Beans or British Red	Broccoli/Cauliflower & Carrots	Broccoli/Cauliflower & Carrots,	Broccoli/Cauliflower & Carrots	Baked Beans,
	Vegetables	Tractor Garden Peas		Sweetcorn	.	British Red Tractor Garden Peas
			V			*
	Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
		Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy
		Beans, Tuna Mayonnaise or	Beans, Tuna Mayonnaise or	Beans, Tuna Mayonnaise or	Beans, Tuna Mayonnaise or	Beans, Tuna Mayonnaise or
	Baked Jacket Potatoes	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans
		Apple & Sultana Crumble 👤	Iced Carrot Cake	Chocolate Shortbread/Pinwheels	Toffee Cream Tart	Chocolate Oaty Slice
•	Dessert	Bar with Custard	& Orange Slices	with Chocolate Sauce		
		with Custard				
L						







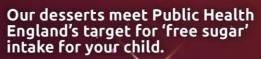












Autumn / Winter 2024/2025 - Week Three

Dates: 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghu





WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheesy Pasta Spirals with Pizza Style Topping	Beef Lasagne with Garlic & Tomato Bread	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Beef & Potato Pie with Skin on Potato Wedges ½ portion	MSC Fish Fingers & Chips
Vegetarian Option 2	Beany Shepherd's Pie	Vegetable Lasagne with Garlic & Tomato Bread	Quorn Grill with Gravy, Stuffing & Roast Potatoes	Cheese, Onion & Potato Pie with Skin on Potato Wedges ½ portion	Cheese & Onion Pastry Roll
Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn	Sweetcorn & Carrots	Broccoli/Cauliflower & Carrots	Baked Beans, British Red Tractor Garden Peas	Baked Beans, British Red Tractor Garden Peas
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans
Dessert	Lemon Cupcake with Fruit Slices	Chocolate Cookie & Orange Wedges	Chocolate Crunch 'Concrete' & Chocolate Sauce or Pink Custard	Strawberry Mousse	Lemon Drizzle Cake With Custard

















